Isabelle W. Allen

Ithaca, NY · (413) 522-0136 · isabelle.wing.allen@gmail.com

EDUCATION

Cornell University, NY — M.A. Psychology, anticipated 2027

University of New Haven, CT — B.S. Criminal Justice, 2017
Summa Cum Laude · Honors Program Graduate · Dean's List
Minor: Sociology · Concentration: Victim Services Administration
Honors Thesis: *A Qualitative Analysis of Military Sexual Assault Training and Prevention Programs*

U.S. Air Force ROTC, Yale University

CERTIFICATIONS & TRAINING

Diversity & Inclusion Certificate, eCornell (2023)
Prevention Specialist D-CPPP Level III, USAF (2023)
SPARX Prevention Training, DoD (2022)
E-3 Mission Qualification Training, USAF (2019)
Survival, Evasion, Resistance & Escape (SERE), USAF (2019)
Air Battle Manager Training, USAF (2018)

RESEARCH EXPERIENCE

Principal Investigator & Project Lead, Air Combat Command Policy Research Program (2023–2025)
Led a two-year qualitative study on reproductive healthcare access and operational readiness. Findings selected for internal policy discussions.

Consultant, Research Engagement Group, Rocky Mountain MIRECC (2024– Present)
Advises on military sexual assault and veteran mental health research design, survivor-centered practices, and suicide prevention applications.

Lead Coordinator, DoD Sexual Assault Social Marketing Study (2024)
Managed installation-level data collection, stakeholder engagement, and implementation support.

Project Assistant, UN Women, Peace, and Security Program (2024)
Supported qualitative research on gender dynamics within military units, teams, and leadership.

Research Lead, Combat Aviator Menstrual & Lactation Access Testing (2024)
Conducted field research and policy analysis for operational feasibility improvements.

Research Lead, Sexual Assault Training & Prevention Program Analysis (2017-2024)
Led a qualitative project evaluating the efficacy of Department of Defense Sexual Assault Prevention and Response (SAPR) Programs.

WORK EXPERIENCE

Adjunct Faculty, University of New Haven (2026)
Instructed a fundamental course for first-year students at the University of New Haven.
Developed and coordinated curriculum modules addressing issues of bias, privilege, and social conduct.

Prevention Specialist (D-CPPP Level III), 552 Air Control Wing, USAF (2022–2025)
Conducted applied research on violence prevention and resilience.
Managed $20K prevention budget; generated data for leadership and policy use.
Delivered suicide prevention, emotional intelligence, and crisis-response training to thousands of personnel.

Diversity & Inclusion Program Manager, 552 Air Control Wing, USAF (2022–2025)
Conducted research on DEI barriers; advised leadership using evidence-based approaches.
Managed $67K budget and executed 12 observance events and a Women's Leadership Summit.
Developed inclusive leadership training and oversaw discrimination reporting program implementation.

Air Battle Manager, 552 Air Control Wing, USAF (2018–2022)
Managed tactical command and control operations for air assets. Oversaw planning for extensive joint training exercises.

TEACHING & INSTRUCTION

Instructor, UNIV 1125 – The UNCommon Course (2026-Present)
Taught a Spring 2026 course at the University of New Haven. Created and delivered curriculum on bias, privilege, and social behavior.

Instructor, Senior Leadership Conference (2022–2025)
Taught emotional intelligence, inclusive leadership, and organizational bias concepts to senior leaders.

Instructor, Flight Leadership Course (2022–2025)
Delivered training on EI, unconscious bias, and resource advocacy to front-line supervisors.

Instructor, Junior Enlisted Foundations Course (2022–2025)
Developed training on mental health, EI, and difficult workplace conversations.

Instructor, Explo Summer Programs (2016)
Designed and taught high school criminology curriculum for a summer education program.

VOLUNTEER EXPERIENCE

Sexual Assault Nurse Exam Advocate, YWCA Oklahoma City (2022–Present)
Provided 1,000+ hours of crisis intervention, advocacy, and safety planning; trained new advocates.

Arnold Air Society Member, New Haven, CT (2014–2017)

PRESENTATIONS

Allen, I. (2018). *Service Members' Perceptions of DoD Sexual Assault Prevention Programs: Effective Components and Training Deficiencies.* Presented at the American Society of Criminology Conference.

AWARDS

Air and Space Commendation Medal (2025, 2023)
Air and Space Outstanding Unit Award (2023)

Global War on Terrorism Service Medal (2022) National
Defense Service Medal (2022)
Air and Space Longevity Service Award (2021)
Air Medal (2020)
Yale Veterans Network Award (2017)
Criminal Justice Rising Star Award for Human Service (2016)

HONORS

Summa Cum Laude (2017)
Honors Program Graduate (2017)
Dean's List (2013-2017)
University of New Haven Honors Medal (2017)
UNH Honor Society for Experiential Education Platinum Award (2017)

SCHOLARSHIPS

University of New Haven Presidential Scholarship (2013-2017)
University of New Haven Leadership Award (2013-2017)
University of New Haven Honors Grant (2013-2017)
University of New Haven Dean's Scholarship (2013-2017)