

ANTHONY D. ONG

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EDUCATION

2002 –	Ph.D., Psychology, University of Southern California
1995	B.A., Psychology, California State University, Los Angeles

APPOINTMENTS

2021 –	Professor, Department of Psychology, Cornell University
2017 –	Professor, Department of Medicine, Division of Geriatrics and Palliative Medicine, Weill Cornell Medicine
2025 – 2026	Visiting Professor, Department of Social and Behavioral Sciences, Harvard T.H. Chan School of Public Health, Harvard University
2021 – 2025	Director, Center for Integrative Developmental Science, Cornell University
2017 – 2021	Professor, Department of Human Development, Cornell University
2019 – 2020	Visiting Professor, Department of Medical Social Science, Feinberg School of Medicine and Department of Psychology, Northwestern University
2014 – 2017	Associate Professor, Division of Geriatrics and Palliative Medicine, Weill Cornell Medical College
2011 – 2017	Associate Professor, Department of Human Development, Cornell University
2006 – 2011	Assistant Professor, Department of Human Development, Cornell University
2005 – 2006	Research Scientist, Department of Psychology, University of Notre Dame
2002 – 2005	Postdoctoral Fellow, Department of Psychology, University of Notre Dame

HONORS AND AWARDS

2025	Creative Teaching Award, Center for Teaching Excellence, Cornell University
2024	SUNY Chancellor's Award for Excellence in Teaching
2022	Mid-Career Trajectory Award, Society for Affective Science
2021	Faculty Fellow for Engaged Scholarship, Cornell University
2021	Kaplan Family Distinguished Cornell Faculty Fellowship in Service Learning
2020	Elected Fellow, Cornell Prison Education Program
2018	Innovative Research on Aging Award, Mather Lifeways Institute on Aging
2015	Elected Fellow, Gerontological Society of America
2009	Outstanding Educator, Merrill Presidential Scholar Award, Cornell University
2008	APA Springer Early Career Award in Research on Adult Development and Aging, Division 20, Adult Development and Aging
2008	Margaret M. and Paul B. Baltes Early Career Award in Social and Behavioral Gerontology, Gerontological Society of America
2007	Bronfenbrenner Life Course Center Innovative Research Award
2002	Raymond B. Cattell Dissertation Award, Society for Multivariate Experimental Psychology
1997	Predoctoral Fellow in Neurobiology and Aging, National Institutes of Health

FACULTY AFFILIATE

2021 –	Cornell Center for Immunology
2020 –	Center for Aging and Policy Studies, Syracuse University
2019 –	Roper Center for Public Opinion Research
2016 –	Cornell Institute for Healthy Futures
2011 –	Cornell Population Center
2009 –	Cornell Translational Research Institute on Pain in Later Life
2008 –	Cornell Behavioral Economics and Decision Research Center
2006 –	Bronfenbrenner Center for Translational Research

RESEARCH GRANTS

External Grant Support

2026 – 2031	Principal Investigator, “LARKSPUR-mHealth: A Randomized Controlled Trial of a Remotely Delivered Positive Affect Intervention for Fibromyalgia” (1R01AT013458-01A1). National Center for Complementary & Integrative Health.
2025 – 2029	Co-Investigator, “Capturing Social and Cognitive Health Dynamics as Digital Risk Biomarkers of Alzheimer’s Disease” (1R01AG088206-01A1). National Institute on Aging. (PI: E. Beck).
2023 – 2028	Co-Investigator, “Advancing the Study of Social Isolation, Loneliness, and Cognitive Functioning in Older Adults Through the Use of Integrative Data Analysis” (1R01AG082954-01). National Institute on Aging. (PI: E. Graham).
2020 – 2022	Principal Investigator, “Feasibility of a Positive Affect Skills Intervention for Reducing Racial Disparities in Pain Management” (Cornell Roybal Center Pilot Grant: P30AG022845). National Institute on Aging.
2020 – 2022	Principal Investigator, “Positive Affect as a Source of Resilience for Adults in Chronic Pain” (RCCN Pilot Grant: U24AG058556). National Institute on Aging.
2020 – 2021	Co-Principal Investigator, “Advancing the Study of Loneliness and Health in Older Adults Through the Use of Integrative Data Analysis” (NIA Stress Network Pilot Grant: R24AG048024; PI: E. K. Graham).
2016 – 2021	Co-Investigator, “Research Training Program in Behavioral Geriatrics” (NIA 1 T32 AG049666 01A1). National Institute on Aging. (PI: M.C. Reid).
2011 – 2016	Co-Principal Investigator, “Notre Dame Study of Health and Well-Being” (NIA 2 R01 AG02357-06). National Institute on Aging (PI: C. S. Bergeman).
2007 – 2011	Co-Principal Investigator, “Notre Dame Study of Resiliency in Later Life” (supplemental grant to NIA 1 R01 AG02357-A1-01). National Institute on Aging. (PI: C. S. Bergeman).
2005 – 2011	Co-Principal Investigator, “Notre Dame Study of Resiliency in Later Life” (NIA 1 R01 AG023571-A1-01). National Institute on Aging. (PI: C. S. Bergeman).
2007 – 2010	Principal Investigator, “Stress, Resilience, and Working Memory in Later Adulthood” (NIA R21 AG026365-01A2). National Institute on Aging.

2008 – 2009	Principal Investigator, “Mindfulness and Adaptation to Chronic Pain.” RAND/Hartford Foundation.
2007 – 2008	Principal Investigator, “Unpacking Human Resilience.” Royal Society of Arts and Sciences.
2002 – 2003	Principal Investigator, “Measurement Issues in Positive Psychology.” Templeton Foundation.

Internal Grant Support

2025 – 2026	Principal Investigator, “The Timing of Social Connection: Examining Daily Social Engagement Patterns in Older Adults.” Cornell Center for Social Sciences (CSSS).
2022 – 2023	Co-Principal Investigator, “Reconciling Sustainable and Well-Being Enhancing Behaviors Through Human-Centered Design: A Mixed Methods Investigation of Young Adults’ Daily Practices of Technology Use.” (co-PI: Jay Yoon). Cornell Human Ecology Sustainability Research Award.
2022 – 2023	Co-Principal Investigator, “An Integrated Research Program to Support Caregivers of Older Adults with Dementia.” (co-PIs: Sara Czaja, Karl Pillemer, Cary Reid, & Judith Moskowitz). Cornell Office of Academic Integration.
2021 – 2022	Co-Principal Investigator, “Reducing the Adverse Effects of Prenatal Maternal Stress on Child Neurodevelopment in a Low-Income African American Sample.” (co-PIs: Barbara Strupp & Richard Canfield). Cornell Center for Social Sciences (CSSS).
2020 – 2021	Principal Investigator, “Social Isolation, Loneliness, and Prosociality During COVID-19.” Cornell Center for Social Sciences (CSSS).
2020 – 2021	Principal Investigator, “Positive Psychology, Inside (Prison) & Out.” Engaged Cornell Curriculum Grant. College of Human Ecology.
2016 – 2017	Principal Investigator, “Positive Affect and Chronic Pain: A Systematic Review and Meta-Analysis.” Cornell Translational Research Institute for Pain in Later Life.
2013 – 2014	Principal Investigator, “A Pilot Study of Fragile Positive Emotions in Older Adults with Chronic Pain.” Cornell Translational Research Institute for Pain in Later Life.
2012 – 2013	Co-Principal Investigator, “The 4 th Annual Urie Bronfenbrenner Conference: New Developments in Aging, Emotion, and Health” Cornell Institute for Social Sciences.
2010 – 2011	Principal Investigator, “Chronic Pain and Adult HPA-Axis Function.” Cornell Translational Research Institute for Pain in Later Life.
2007 – 2008	Principal Investigator, “Positive Emotions and Resilience in Later Life.” Bronfenbrenner Life Course Center.
2007 – 2008	Principal Investigator, “Adaptation to Chronic Pain: A Daily Process Analysis.” Cornell Institute for Translational Research.
2007 – 2008	Principal Investigator, “Chronic Pain, Stress, and Resilience in Later Adulthood.” Cornell Institute for Social Sciences.
2007 – 2008	Principal Investigator, “Daily Stress and Adaptation in Later Life.” University of Notre Dame Institute for Scholarship in the Liberal Arts.

SELECTED PUBLICATIONS

(†) signifies former trainee co-author, (*) signifies current trainee co-author

- Ong, A. D., & Mann, F. D. (2026). Cumulative social advantage across the lifespan: Examining the convergent and predictive validity of a multidimensional hierarchical construct for health and longevity. *American Psychologist*, 81(3), 299–315. <https://doi.org/10.1037/amp0001513> [Editor's Choice]
- Qin, P., Graham, E. K., Ong, A. D., & Steptoe, A. (2026). Social asymmetry and risk of morbidity and mortality. *JAMA Network Open*, 9(2), Article e2558214. <https://doi.org/10.1001/jamanetworkopen.2025.58214>
- †Shao, S., & Ong, A. D. (2026). Seven challenges in affective inertia research. *Emotion*, 26(5), 1118–1132. <https://doi.org/10.1037/emo0001630>
- †Shao, S., Beck, E. D., Hawks, Z., Van Bogart, K., Graham, E. K., & Ong, A. D. (2026). Loneliness modulates social threat detection in daily life. *Communications Psychology*, 4, Article 44. <https://doi.org/10.1038/s44271-026-00410-1>
- Yoneda, T., Jackson, K. L., Noyer, E. C., Beam, C. R., Pfund, G., Antonoplis, S., Beck, E., Bedjeti, K., Qin, P., Garner, K. M., Luo, J., Van Bogart, K., Pieramici, L., Hauner, K., Turiano, N. A., O'Suilleabháin, P. S., Barnes, L., Bennett, D. A., Muniz Terrera, G., Mroczek, D. K., James, B. D., Steptoe, A., Ong, A. D., & Graham, E. K. (2026). Is my loneliness killing me? Effects of loneliness and social isolation on transitions between cognitive status categories and death. *Journal of Personality and Social Psychology*. Advance online publication. <https://doi.org/10.1037/pspp0000606>
- Ong, A. D., †Cintron, D. W., Yoneda, T., Beck, E. D., Jackson, K., Luo, J., Mroczek, D. K., Steptoe, A., & Graham, E. K. (2025). Social asymmetry and physical health in the United States and Japan. *Health Psychology*, 44, 509-517.
- Ong, A. D., Dejonckheere, E., & Ram, N. (2025). Positive affect dynamics. *Current Directions in Psychological Science*, 34, 301-308.
- Ong, A. D., Mann, F. D., & Kubzansky, L. D. (2025). Cumulative social advantage is associated with slower epigenetic aging and lower systemic inflammation. *Brain, Behavior, & Immunity - Health*, 48, Article 101096. <https://doi.org/10.1016/j.bbih.2025.101096>
- Ong, A. D., Wang, L., Fang, Y., Zhang, G., Joiner, R. J., †Wilcox, K. T., & Bergeman, C. S. (2025). Affect dynamics and depressive symptomatology: Revisiting the inertia-instability paradox. *Emotion*, 25, 1060-1064.
- †Cintron, D. W. & Ong, A. D. (2024). Trajectories of affective well-being and survival in middle-aged and older adults. *Emotion*, 24, 1149-1156.
- Graham, E. K., Beck, E. D., Jackson, K., Yoneda, T., McGhee, C., Pieramici, L., Atherton, O. E., Luo, J., Willroth, E. C., Steptoe, A., Mroczek, D. K., & Ong, A. D. (2024). Do we become more lonely with age? A coordinated data analysis of nine longitudinal studies. *Psychological Science*, 35, 579-596.
- Ong, A. D., †Cintron, D. W., & †Fuligni, G. (2024). Engagement with nature and proinflammatory biology. *Brain, Behavior, and Immunity*, 119, 51-55.
- Ong, A. D., †Cintron, D. W., Rottenberg, J., Panaite, V., Fisher, I. C., Na, P. J., Jeste, D. V., & Pietrzak, R. H. (2024). Loneliness trajectories in U.S. military veterans: A 3-year longitudinal study of risk and protective factors. *Journal of Gerontology: Psychological Sciences*, 79, gbae171. doi: 10.1093/geronb/gbae171.

- Rush, J., Ong, A. D., Piazza, J. R., Charles, S. T., & Almeida, D. M. (2024). Too little, too much, and 'just right': Exploring the 'goldilocks zone' of daily stress reactivity. *Emotion, 24*, 1249-1258.
- †Selçuk, E., Gunaydin, G., Ascigil, E., Bayraktaroglu, D., & Ong, D. (2024). My partner really gets me: Affective reactivity to partner stress predicts greater relationship quality in new couples. *Journal of Personality and Social Psychology, 126*, 865-912.
- Hobbs, W. R. & Ong, A. D. (2023). For living well, behaviors and circumstances matter just as much as psychological traits. *Proceedings of the National Academy of Sciences, 120*, 1-12.
- Jackson, K. L., Luo, J., Willroth, E. C., Ong, A. D., James, B. D., Bennett, D. A., Wilson, R., Mroczek, D. K., & Graham, E. K. (2023). Associations between loneliness and cognitive resilience to neuropathology in older adults. *Journal of Gerontology: Psychological Sciences, 78*, 939-947.
- Ong, A. D., †Cerrada, C. J., †Ja, N., †Lee, R. A., & †Tan, A. (2023). Racial uplifts and the Asian America experience. *American Psychologist, 78*, 790-810.
- Ernst, M., Werner, A. M., Niederer, D., Czaja, S. J., Mikton, C., Ong, A. D., Rose, T., Brähler, E., & Beutel, M. E. (2022). Loneliness before and after the outbreak of the COVID-19 pandemic: A systematic review with meta-analysis. *American Psychologist, 77*, 660-677.
- Ong, A. D. & Leger, K. (2022). Advancing the study of resilience to daily stressors. *Perspectives on Psychological Science, 17*, 1591-1603.
- Ong, A. D., †Uganci, B., Burrow, A. L., & DeHart, T. (2022). The relational wear and tear of everyday racism among African American couples. *Psychological Science, 33*, 1187-1198. [Editor's Choice].
- Ong, A. D. (2021). Racial incivility in everyday life: A conceptual framework for linking process, person, and context. *Perspectives on Psychological Science, 16*, 1060-1074.
- Cuevas, A., Ong, A. D., Carvalho, K., Ho, T., Chan, S. W., Allen, J., Chen, R., Rodgers, J., Biba, U., & Williams, D. (2020). Discrimination and systemic inflammation: A critical review and synthesis. *Brain, Behavior, and Immunity, 89*, 465-479.
- Ong, A. D., & Steptoe, A. (2020). Association of positive affect instability with all-cause mortality in older adults in England. *JAMA Network Open*. doi:10.1001/jamanetworkopen.2020.7725.
- Ong, A. D., Thoemmes, F., Ratner, K., Ghezzi-Kopel, K., & Reid, M. C. (2020). Positive affect and chronic pain: A preregistered systematic review and meta-analysis. *PAIN, 161*, 1140-1149.
- Willroth, E. C., Ong, A. D., Graham, E., & Mroczek, D. (2020). Being happy and becoming happier as independent predictors of physical health and mortality. *Psychosomatic Medicine, 82*, 650-657.
- Stanton, S. C., †Selçuk, E., Farrell, A. K., Slatcher, R. B., & Ong, A. D. (2019). Perceived partner responsiveness, daily negative affect reactivity, and all-cause mortality: A 20-year longitudinal study. *Psychosomatic Medicine, 81*, 7-15.
- Ong, A. D., Benson, L. Zautra, A., & Ram, N. (2018). Emodiversity and biomarkers of inflammation. *Emotion, 18*, 3-14.
- Ong, A. D., & Burrow, A. L. (2018). Affective reactivity to daily racial discrimination as a prospective predictor of depressive symptoms in African American graduate and post-graduate students. *Development and Psychopathology, 30*, 1649-1659.

- Ong, A. D., Zautra, A., & Finan, P. H. (2017). Inter- and intra-individual variation in emotional complexity: Methodological considerations and theoretical implications. *Current Opinion in Behavioral Sciences*, 15, 22-26.
- Ong, A. D., †Kim, S., Young, S., & Steptoe, A. (2017). Positive affect and sleep: A systematic review. *Sleep Medicine Reviews*, 35, 21-32.
- Ong, A. D., & Ram, N. (2017). Fragile and enduring positive affect: Implications for adaptive aging. *Gerontology*, 15, 263-269.
- Sin, N. L., Ong, A. D., Stawski, R. S., & Almeida, D. M. (2017). Daily positive events and diurnal cortisol rhythms: Examination of between-person differences and within-person variation. *Psychoneuroendocrinology*, 83, 91-100.
- Ong, A. D., Uchino, B., & Wethington, E. (2016). Loneliness and health in older adults: A mini-review and synthesis. *Gerontology*, 62, 443-449.
- Sin, N. L., Graham-Engeland, J. E., Ong, A. D., & Almeida, D. M. (2015). Affective reactivity to daily stressors is associated with inflammation. *Health Psychology*, 34, 1154-1165.
- Slatcher, R. B., Selçuk, E., & Ong, A. D. (2015). Perceived partner responsiveness predicts diurnal cortisol profiles 10 years later. *Psychological Science*, 26, 972-982.
- Ong, A. D., Burrow, A. L., Fuller-Rowell, T. E., Ja, N., & Sue, D. W. (2013). Racial microaggressions and daily well-being among Asian Americans. *Journal of Counseling Psychology*, 60, 188-199.
- Ong, A. D., †Exner-Cortens, D., †Riffin, C., Steptoe, A., Zautra, A., & Almeida, D. (2013). Linking stable and dynamic features of positive affect to sleep. *Annals of Behavioral Medicine*, 46, 52-61.
- †Selçuk, E., & Ong, A. D. (2013). Perceived partner responsiveness moderates the association between received emotional support and all-cause mortality. *Health Psychology*, 32, 231-235.
- †Fuller-Rowell, T. E., Evans, G. W., & Ong, A. D. (2012). Poverty and health: The mediating role of perceived discrimination. *Psychological Science*, 23, 734-739.
- Ong, A. D., †Rothstein, J. D., & Uchino, B. N. (2012). Loneliness accentuates age differences in cardiovascular responses to social evaluative threat. *Psychology and Aging*, 27, 190-198.
- †Fuller-Rowell, T. E., Burrow, A. L., & Ong, A. D. (2011). Changes in racial identity among African American college students following the election of Barack Obama. *Developmental Psychology*, 47, 1608-1618.
- Ong, A. D., †Fuller-Rowell, T., Bonanno, G. A., & Almeida, D. (2011). Spousal loss predicts alterations in diurnal cortisol activity through prospective changes in positive emotion. *Health Psychology*, 30, 220-227.
- Ong, A. D. (2010). Pathways linking positive emotion and health in later life. *Current Directions in Psychological Science*, 19, 358-362.
- Ong, A. D., †Fuller-Rowell, T., & Bonanno, G. A. (2010). Prospective predictors of positive emotions following spousal loss. *Psychology and Aging*, 25, 653-660.
- Ong, A. D., Zautra, A. J., & Reid, M. C. (2010). Psychological resilience predicts decreases in pain catastrophizing through positive emotions. *Psychology and Aging*, 25, 516-523.
- Ong, A. D., Bergeman, C. S., & Boker, S. M. (2009). Resilience comes of age: Defining features in later adulthood. *Journal of Personality*, 77, 1777-1804.

- Ong, A. D., †Fuller-Rowell, T., & Burrow, A. L. (2009). Racial discrimination and the stress process. *Journal of Personality and Social Psychology*, 96, 1259–1271.
- Phinney, J. S., & Ong, A. D. (2007). Conceptualization and measurement of ethnic identity: Current status and future directions. *Journal of Counseling Psychology*, 54, 271–281.
- Ong, A. D., Bergeman, C. S., Bisconti, T. L., & Wallace, K. A. (2006). Psychological resilience, positive emotions, and successful adaptation to stress in later life. *Journal of Personality and Social Psychology*, 91, 730–749.
- Ong, A. D., & Allaire, J. (2005). Cardiovascular intraindividual variability in later life: The influence of social connectedness and positive emotions. *Psychology and Aging*, 20, 476–485.
- Ong, A. D., & Bergeman, C. S. (2004). The complexity of emotions in later life. *Journal of Gerontology: Psychological Sciences*, 59B, P55–60.
- Ong, A. D., & Weiss, D. J. (2000). The impact of anonymity on responses to sensitive questions. *Journal of Applied Social Psychology*, 30, 1691–1708.
- Phinney, J. S., Ong, A. D., & Madden, T. (2000). Cultural values and intergenerational value discrepancies in immigrant and non-immigrant families. *Child Development*, 71, 528–539.

ALL PUBLICATIONS

Journal Articles

- †Cintron, D. W., Yoneda, T., Wang, H., Graham, E. K., & Ong, A. D. (2026). Discrepancies in loneliness and social isolation predict cognitive impairment through chronic disease burden. *Brain, Behavior, & Immunity - Health*, 54, Article 101232. <https://doi.org/10.1016/j.bbih.2026.101232>
- Lyman, C., Ong, A., & Rottenberg, J. (2026). Depressive symptoms predict divergent trajectories of well-being in US adults. *Nature Mental Health*. Advance online publication. <https://doi.org/10.1038/s44220-026-00705-6>
- Ong, A. D., & Mann, F. D. (2026). Cumulative social advantage across the lifespan: Examining the convergent and predictive validity of a multidimensional hierarchical construct for health and longevity. *American Psychologist*, 81(3), 299–315. <https://doi.org/10.1037/amp0001513> [Editor's Choice]
- Qin, P., Graham, E. K., Ong, A. D., & Steptoe, A. (2026). Social asymmetry and risk of morbidity and mortality. *JAMA Network Open*, 9(2), Article e2558214. <https://doi.org/10.1001/jamanetworkopen.2025.58214>
- †Shao, S., & Ong, A. D. (2026). Seven challenges in affective inertia research. *Emotion*, 26(5), 1118–1132. <https://doi.org/10.1037/emo0001630>
- †Shao, S., Beck, E. D., Hawks, Z., Van Bogart, K., Graham, E. K., & Ong, A. D. (2026). Loneliness modulates social threat detection in daily life. *Communications Psychology*, 4, Article 44. <https://doi.org/10.1038/s44271-026-00410-1>
- Yoneda, T., Jackson, K. L., Noyer, E. C., Beam, C. R., Pfund, G., Antonoplis, S., Beck, E., Bedjeti, K., Qin, P., Garner, K. M., Luo, J., Van Bogart, K., Pieramici, L., Hauner, K., Turiano, N. A., O'Súilleabháin, P. S., Barnes, L., Bennett, D. A., Muniz Terrera, G., Mroczek, D. K., James, B. D., Steptoe, A., Ong, A. D., & Graham, E. K. (2026). Is my loneliness killing me? Effects of loneliness and social isolation on transitions between cognitive status categories and death. *Journal of Personality and Social Psychology*. Advance online publication. <https://doi.org/10.1037/pspp0000606>

- *Wang, Y., & Ong, A. D. (2026). Purpose in life mitigates digital disconnection in older adults. *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*, 81(1), Article gbaf227. <https://doi.org/10.1093/geronb/gbaf227>
- Akhter-Khan, S. C., Ell, T., Buck, L., Haucke, M., Luchetti, M., Ong, A. D., Chua, K-C., Li, L., Mayston, R., Prina, M., Liu, S., & Wong, G. (2025). Development of the Social Relationship Expectations Scale (SRES): A multi-country, multi-method observational study protocol. *BMJ Open*, 15(11):e101319. doi: [10.1136/bmjopen-2025-101319](https://doi.org/10.1136/bmjopen-2025-101319)
- †Cintron, D. W., Ong, A. D., & Reid, M. C. (2025). What makes life go well? A network topic modeling analysis of well-being practices in adults with chronic pain. *Pain Medicine*, 26, 189-198.
- Ong, A. D., †Cintron, D. W., Yoneda, T., Beck, E. D., Jackson, K., Luo, J., Mroczek, D. K., Steptoe, A., & Graham, E. K. (2025). Social asymmetry and physical health in the United States and Japan. *Health Psychology*, 44, 509-517.
- Ong, A. D., Dejonckheere, E., & Ram, N. (2025). Positive affect dynamics. *Current Directions in Psychological Science*, 34, 301-308.
- Ong, A. D., Mann, F. D., & Kubzansky, L. D. (2025). Cumulative social advantage is associated with slower epigenetic aging and lower systemic inflammation. *Brain, Behavior, & Immunity - Health*, 48, Article 101096. <https://doi.org/10.1016/j.bbih.2025.101096>
- Ong, A. D., Wang, L., Fang, Y., Zhang, G., Joiner, R. J., †Wilcox, K. T., & Bergeman, C. S. (2025). Affect dynamics and depressive symptomatology: Revisiting the inertia-instability paradox. *Emotion*, 25, 1060-1064.
- Pfund, G. N., Ong, A. D., Mroczek, D. K., James, B. D., Jackson, K. L., Rose, D. K., Barnes, L. L., Bennett, D. A., & Graham, E. K. (2025). Investigating the trivariate reciprocal longitudinal relationships between purpose, loneliness, and cognitive function. *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*, 80(11), Article gbaf161. <https://doi.org/10.1093/geronb/gbaf161>
- Zhang, G., Lee, D., Li, Y., & Ong, A. D. (2025). Dynamic factor analysis with multivariate time series of multiple individuals: An error-corrected estimation method. *Psychological Methods*. <https://doi.org/10.1037/met0000722>
- †Cintron, D. W. & Ong, A. D. (2024). Trajectories of affective well-being and survival in middle-aged and older adults. *Emotion*, 24, 1149-1156.
- Graham, E. K., Beck, E. D., Jackson, K., Yoneda, T., McGhee, C., Pieramici, L., Atherton, O. E., Luo, J., Willroth, E. C., Steptoe, A., Mroczek, D. K., & Ong, A. D. (2024). Do we become more lonely with age? A coordinated data analysis of nine longitudinal studies. *Psychological Science*, 35, 579-596.
- †Lin, C. Y., Shepley, M. M., & Ong, A. D. (2024). Blue space: Extracting the sensory characteristics of waterscapes as a potential tool for anxiety mitigation. *Health Environments Research & Design*, 17, 110-131.
- Ong, A. D., †Cintron, D. W., Rottenberg, J., Panaite, V., Fisher, I. C., Na, P. J., Jeste, D. V., & Pietrzak, R. H. (2024). Loneliness trajectories in U.S. military veterans: A 3-year longitudinal study of risk and protective factors. *Journal of Gerontology: Psychological Sciences*, 79, gbae171.
- Ong, A. D., †Cintron, D. W., & †Fuligni, G. (2024). Engagement with nature and proinflammatory biology. *Brain, Behavior, and Immunity*, 119, 51-55.

- Ong, A. D., †Wilcox, K. T., Reid, M. C., Wethington, E., Cintron, D. W., Addington, E. L., Goktas, S., & Moskowitz, J. T. (2024). Targeting daily positive events to improve emotional and functional well-being in adults with Fibromyalgia: Insights from the LARKSPUR randomized controlled trial. *Journal of Medical Internet Research*, 26, e54678.
- Rush, J., Ong, A. D., Piazza, J. R., Charles, S. T., & Almeida, D. M. (2024). Too little, too much, and ‘just right’: Exploring the ‘goldilocks zone’ of daily stress reactivity. *Emotion*, 24, 1249-1258.
- †Selçuk, E., Gunaydin, G., Ascigil, E., Bayraktaroglu, D., & Ong, D. (2024). My partner really gets me: Affective reactivity to partner stress predicts greater relationship quality in new couples. *Journal of Personality and Social Psychology*, 126, 865-912.
- Jenkins, B. N., Ong, L. Q., Ong, A. D., Lee, H., & Boehm, J. K. (2024). Mean affect moderates the association between affect variability and mental health. *Affective Science*, 5, 99-114.
- Hobbs, W. R. & Ong, A. D. (2023). For living well, behaviors and circumstances matter just as much as psychological traits. *Proceedings of the National Academy of Sciences*, 120, 1-12.
- Jackson, K. L., Luo, J., Willroth, E. C., Ong, A. D., James, B. D., Bennett, D. A., Wilson, R., Mroczek, D. K., & Graham, E. K. (2023). Associations between loneliness and cognitive resilience to neuropathology in older adults. *Journal of Gerontology: Psychological Sciences*, 78, 939-947. [Editor’s Choice].
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- Ong, A. D., Horn, J. L., & Walsh, D. A. (2006). Stepping into the light: Modeling the intraindividual dimensions of hedonic and eudaimonic well-being. In A. D. Ong & M. van Dulmen (Eds.). *Oxford handbook of methods in positive psychology* (pp. 12-28). New York: Oxford Press.

Entries/Reviews

- Cintron, D. W., & Ong, A. D. (2025). Well-being. In *Oxford Research Encyclopedia of Psychology*. Oxford University Press.
- Ong, A. D. & Reid, M. C. (2021). Resilience: Measures and models. In D. Gu & M. E. Dupre (Eds.), *Encyclopedia of gerontology and population aging*. Springer.
- Ong, A. D., & Cammarata, C. (2020). Resilience theory of, not just the trait dimension. In B. J. Carducci (Ed.). *The Wiley-Blackwell encyclopedia of personality and individual differences* (pp. 357-362). Wiley-Blackwell Publishing.
- Ong, A. D., & *Kim, S. (2018). Joviality. In M. H. Bornstein (Ed.), *The SAGE encyclopedia of lifespan human development* (pp. 1226-1227). SAGE Publications.
- Ong, A. D., & †Fuller-Rowell, T. (2009a). Experience sampling method. In S. J. Lopez & A. Beauchamp (Eds.), *Encyclopedia of positive psychology* (pp. 369-371). Blackwell Publishing.
- Ong, A. D., & †Fuller-Rowell, T. (2009b). Longitudinal methods. In S. J. Lopez & A. Beaucham (Eds.). *Encyclopedia of positive psychology* (pp. 589-592). Oxford: Blackwell Publishing.
- Merluzzi, T. V., & Ong, A. D. (2008). Psychological well-being. In F. Leong (Ed.). *Encyclopedia of counseling psychology*. (pp. 361-362). Thousand Oaks, CA: Sage Publications.
- Ong, A. D., & Bergeman, C. S. (2007). Psychosocial theories of aging. In K. S. Markides, D. Blazer, L. G. Branch, & S. Studenski (Eds.). *Encyclopedia of health and aging* (pp. 480-483). Thousand Oaks: Sage Publications.
- Bergeman, C. S., & Ong, A. D. (2006). Behavioral genetics. In J. E. Birren (Ed.), *Encyclopedia of gerontology*, (2nd Ed., pp. 149-159). Elsevier.
- Ong, A. D. (2005). Positive human health. (Review of L. G. Aspinwall & U. M. Staudinger (Eds.). *A Psychology of Human Strengths*) in *Journal of Moral Education*, 34, 373-376.

PRESENTATIONS & TALKS

Keynotes

- Ong, A. D. (2023). *Positive emotions as risk and resilience. Implications for healthy aging*, October 27. Center for Lifespan Developmental Science. Friedrich-Schiller University, Jena.
- Ong, A. D. (2022). *Positive emotions, biological processes, and health*. Network on Emotional Well-Being: Science, Practice, and Measurement, October 25.
- Ong, A. D. (2022). *Psychological resilience: More than a metaphor?* Overview of the Resilience World – State of Science. National Institute on Aging (NIA), October 12.
- Ong, A. D. (2022). *Fragile positive emotions: Implications for well-being and health*. Positive Emotions Preconference. Society for Affective Science (SAS). Online, March 30.

Workshops

- Ong, A. D., & Mann, F. (2025). *Cumulative social advantage slows epigenetic aging*. MIDUS Network Meeting. University of Wisconsin-Madison: May. 28.
- Cintron, D., & Ong, A. D. (2024). *Social asymmetry and physical health in the United States and Japan*. MIDUS Network Meeting. University of Wisconsin-Madison: May. 29.
- Mann, F., Cuevas, A., Ong, A. D., Corley, S., Freilich, C., Markon, K., Clouston, S., & Krueger, R. (2024). *Racial disparities in cognitive health and mild cognitive impairment: Effects of income, education, and discrimination in the MIDUS study*. MIDUS Network Meeting. University of Wisconsin-Madison: May. 29.
- Ong, A. D., & Mann, F. (2024). *Cumulative social advantage: A hierarchical assessment of social support dimensions predicting health and mortality*. MIDUS Network Meeting. University of Wisconsin-Madison: May. 29.
- Cintron, D., & Ong, A. D. (2023). *Motivating the study of intersectional flourishing: Explorations in natural language use*. MIDUS Network Meeting. University of Wisconsin-Madison: May. 24.
- Rush, J., Ong, A. D., Charles, S., Piazza, J., & Almeida. (2023). Too little, too much, and ‘just right’: Exploring the ‘goldilocks zone’ of daily stress reactivity. MIDUS Network Meeting. University of Wisconsin-Madison: May. 23.
- Hobbs, W. & Ong, A. D. (2021). *Descriptive well-being*. MIDUS Network Meeting. University of Wisconsin-Madison: Oct. 18.
- Ong, A. D. (2019). *What personalities bounce back from illness?* Resilience and Reserve in Aging, NIA Research Centers Collaborative Network (RCCN). Austin: November 13.
- Ong, A. D. (2019). *Fragile positive affect and systemic inflammation*. MIDUS Network Meeting. University of Wisconsin-Madison: May 14.
- Ong, A. D. (2018). *Resilience comes of age*. Resource Centers on Minority Aging Research. National Institute on Aging (NIA), Boston: November 14.
- Ong, A. D. (2017). *Fragile and enduring forms of positive emotions*. MIDUS Network Meeting. University of Wisconsin-Madison: May 11.

- Ong, A. D. (2017). *Vantage sensitivity and biological susceptibility to purpose in life*. Purpose in a Diverse Society Conference. Washington University in St. Louis: October 28.
- Ong, A. D., & Zautra, A. (2015). *Affective complexity: Implications for health and well-being*. "Mixed Emoticon." An interdisciplinary conference on mixed emotions: Theory, methods and applications. University of Michigan Institute for Social Research, Ann Arbor: Oct. 24.
- Ong, A. D. (2009). *Positive emotions, resilience, and pain catastrophizing*. RAND/Hartford Geriatric Interdisciplinary Research Center, Arlington, VA: June. 19.
- Ong, A. D. (2008). *Mindfulness, positive emotions and adaptation to chronic pain*. RAND/Hartford Career Development Institute: March 17.
- Ong, A. D. (2006). *Toward an integrated taxonomy of positive human health: Hedonic and eudaimonic perspectives*. New Directions in the Study of Happiness, Notre Dame, Oct. 22.

Conference Presentations / Proceedings

- Ong, A. D. (2024). *Mechanisms of resilience: From bench to bedside*. University of Reading Emotion Symposium, June 22.
- Ong, A. D. (2024). *Resilience across multiple timescales*. 10th Annual Symposium on Resilience Research, University of Mainz, Germany, September 28.
- Ong, A. D. (2024). *Positive emotions as a source of resilience in later life*. 47th Annual Gerontology Conference, Oregon State University, May 31.
- Ong, A. D. (2024). *Capture dynamic processes at the interface of race, ethnicity, and culture: Lessons from affective science*. Society for Affective Science. New Orleans, LA: March 2.
- Beck, E. D., Ong, A. D., & Graham, E. K. (2023). *Alone together: Social isolation and loneliness in the time of COVID-19*. Gerontological Society of America, Tampa, FL.
- Jackson, K., Yoneda, T., Luo, J., Mroczek, D., Ong, A. D., Steptoe, A., & Graham, E. K. (2023). *My loneliness is killing me: A coordinated analysis of the associations between loneliness, social isolation, and the cognitive healthspan*. Gerontological Society of America, Tampa, FL.
- Zhang, G., Lee, D., Li, Y., & Ong, A. D., (2023). *Integrating dynamic factor analysis across multiple individuals*. Society of Multivariate Experimental Psychology, Iowa City, IA.
- Ong, A. D., (2023). *Dynamic positive emotional processes underlying vulnerability and resilience across the adult lifespan*. Association for Psychological Science, Washington DC.
- Cintron, D. W. & Ong, A. D. (2023). *Advancing the study of intersectionality and flourishing through natural language use*. American Psychosomatic Society, San Juan, PR.
- Beck, E. D., Ong, A. D., & Graham, E. K. (2023). *Alone together: Social isolation and loneliness in the time of COVID-19*. The Society for Personality and Social Psychology, Atlanta, GA.
- Jackson, K., Willroth, E.C., Luo, J., Graham, E.K., Antic, M., Lopes, M., Ong, A. D., Spiro, A., Mroczek, D.K., & Lee, L.O. (2022). *Early life stressor exposure, adulthood affective reactivity to daily stressors, and mortality*. Gerontological Society of America, Indianapolis, IN.
- Jackson, K., Wilroth, E., Luo, J., James, B., Ong, A. D., Bennet, D., Mroczek, D., & Graham, E. (2022). *Associations between loneliness and cognitive resilience to neuropathy in older adults*. Gerontological Society of America (GSA). Indianapolis, IN.

- Rush, J., Ong, A. D., Piazza, J., Charles, S., & Almeida, D. (2022). *Nonlinear associations of daily stress reactivity with health and well-being*. Gerontological Society of America, Indianapolis, IN.
- Reid, C. M., Ong, A. D., Moskowitz, J., Sanni, M., Kim, P., Wethington, E., Addington, E., & Sluys, E. (2022). *A pilot randomized clinical trial to promote positive affect in patients with fibromyalgia*. Gerontological Society of America, Indianapolis, IN.
- Willroth, E.C., Luo, J., Graham, E.K., Antic, M., Lopes, M., Ong, A. D., Spiro, A., Mroczek, D.K., & Lee, L.O. (2022). *Early life stressor exposure, adulthood affective reactivity to daily stressors, and mortality*. Gerontological Society of America, Indianapolis, IN.
- Gruenewald, T. L., Standridge, N., Tadros, C., Dinn, B., Zahn, D., & Ong, A. D. (2021). *Politicized prevention? Frequency of COVID-19 prevention behavior varies as a function of political orientation and perceived threat*. Gerontological Society of America (GSA).
- Ong, A. D., & Lee, S. (2021). *Variety in positive experience and mental health: Evidence from two national surveys of U.S. Adults*. Gerontological Society of America (GSA). Online: Nov. 10.
- Ong, A. D., Graham, E. K., Jackson, K. K., Beck, E. D., Luo, J., Atherton, O. E., Wilroth, E. C., & Mroczek, D. (2021). *Advancing the study of loneliness and health in older adults through the use of integrative data analysis*. Gerontological Society of America (GSA). Online: Nov. 11.
- Ong, A. D. (2019). *COVID-19 and psychological changes: Results from the National Health and Aging Trends Study (NHATS)*. Discussant. Gerontological Society of America (GSA).
- Benson, L., & Ong, A. D. (2020). *Positive emotion diversity buffers the association between stress and depressive symptoms*. Gerontological Society of America (GSA). Online: Nov. 4.
- Gruenewald, T. L., Zahn, D., & Ong, A. D. (2020). *Age variations in perceived COVID-19 threats, negative impacts, and associations with well-being*. Gerontological Society of America (GSA).
- Gruenewald, T. L., Ong, A. D., Zahn, D., Standridge, N., & Bonham, E. (2020). *Less of the good life: Do variations in positive life experiences contribute to socioeconomic disparities in health?* American Psychosomatic Society. Online: March 12.
- Urganci, B., Ong, A. D., Burrow, A.L., & DeHart, T. (2020). *Affective reactivity to daily discrimination as a predictor of relationship quality among African American couples*. Paper to be presented at International Association for Relationship Research Conference, London, UK.
- Urganci, B., Ong, A. D., Gunaydin, G. & Selcuk, E. (2020). *Intimacy processes among fledgling couples in a non-WEIRD sample*. Poster presented at the annual meeting of the Society for Social and Personality Psychology, New Orleans
- Bastarache, E. D., Graham, E. K., Estabrook, R., Ong, A. D., Piccinin, A., Hofer, S. Spiro, III, A., & Mroczek, D. K. (2019). *Trajectories of positive and negative affect: A coordinated analysis of 11 longitudinal samples*. Gerontological Society of America (GSA), Austin: Nov. 16.
- Ong, A. D. (2019). *Characterizing the pathways underlying the association between psychological well-being and health*. Discussant. Gerontological Society of America (GSA), Austin: Nov. 17.
- Ong, A. D., Ram, N., Roque, N., & Koval, P. (2019). *Dynamics of positive affect regulation and health*. International College of Psychosomatic Medicine, Florence, Italy: September 11.
- Ong, A. D., Mroczek, D., Ram, N., Sin, N., & Almeida, D. (2019). *Positive affect as a heterogeneous construct*. World Personality Conference, Hanoi, Vietnam: April 3.

- Ong, A. D., & Urganci, B. (2019). *Sustained partner responsiveness and adult cognitive function*. International Convention of Psychological Science, Paris, France: March 8.
- Roque, N., Ram, N., Ong, A. D. (2019). Predicting health outcomes from time series features of affect dynamics: A machine learning approach. *Psychotherapy and Psychosomatics*, 88, 110-110
- Ong, A. D. (2018). *Steeling effects and adaptive aging*. Discussant. Gerontological Society of America (GSA), Boston: Nov. 16.
- Ong, A. D. (2018). *Vagally-mediated heart rate variability, affective reactivity and marital quality*. International Association for Relationship Research (IARR), Colorado State University, July 13.
- Sin, N. L., Gruenewald, T., Ong, A. D., Almeida, D. M., & Charles, S. (2017). *Age differences in exposure and emotional responses to daily positive events*. IAGG World Congress of Gerontology and Geriatrics, San Francisco: July 24.
- Ong, A. D., Benson, L., Ram, N., & Zautra, A. (2016). *Probing the biological substrates of emotion diversity using intensive longitudinal data*. Positive Emotions Preconference, The Society for Affective Science, Chicago: March 17.
- Sin, N. L., Ong, A. D., Stawski, R. S., & Almeida, D. M. (2016). *Daily positive events, daily stressors, and diurnal cortisol rhythms: Examination of between-person and within-person variation*. American Psychosomatic Society, Denver: March 9.
- Selçuk, E., Ong, A. D., Slatcher, R., Günaydın, G., & Almeida, D. M. (2016). *The role of partner responsiveness in psychological and physiological well-being. Findings from a 10-year longitudinal study*. Society for Personality and Social Psychology. San Diego: Jan. 30.
- Benson, L., Ram, N., Almeida, D., Zautra, A., Conroy, D., Pincus, & Ong, A. D. (2015). *Fusing biodiversity, emotion, and biomarkers into intensive longitudinal investigations of healthy aging*. GSA, Orlando: Nov. 20.
- Turiano, N. A., Bastarache, E. D., Graham, E. K., Mroczek, D. K., Gruenewald, T. & Ong, A. D. (2015). *The Big 5 personality traits and allostatic load in the Midlife in the US Study (MIDUS)*. American Psychosomatic Society. Savannah: March 18.
- Ong, A. D. (2014). *Bereavement and the health significance of positive emotions*. Positive Emotions Preconference, The Society for Affective Science, Washington DC: April 24.
- Ong, A. D. (2014). *Positive affect, health, and well-being*. Discussant. GSA, DC: Nov. 9.
- Ong, A. D. (2014). *Intergenerational ambivalence: New conceptual and measurement approaches*. Discussant. GSA, DC: Nov. 7.
- Ong, A. D., Fuller-Rowell, T., Zautra, A., & Almeida, D. (2013). *Who benefits from positive experiences? Exploring affect reactivity to daily stressors as a potential marker of vantage sensitivity*. Gerontological Society of America (GSA), New Orleans: Nov. 22.
- Ong, A. D., & Bonanno, G. (2013). *Effects of positive emotions on cortisol stress responses following spousal loss*. American Psychological Association (APA), Honolulu: Aug. 4.
- Ong, A. D., Rothstein, J., & Uchino, B. (2011). *Loneliness accentuates age differences in cardiovascular responses to social evaluative threat*. GSA, Boston: Nov. 21.
- Ong, A. D., Exner-Cortens, D., Riffin, C., Zautra, A., Steptoe, A., & Almeida, D. (2011). *Fragile positive emotions and sleep*. GSA, Boston: Nov. 19.

- Ong, A. D. (2010). *The relationship between positive and negative affect: From controversy to integration*. Chair. Association of Psychological Science: May 19.
- Ong, A. D. (2009). *The value of positive emotions in later life*. Margaret M. and Paul B. Baltes Early Career Award lecture presented at the GSA, Atlanta, GA: Nov. 21.
- Ong, A. D. (2008). *Stress, resilience, and the dynamics of emotional complexity*. Association for Psychological Sciences (APS), San Francisco, CA: May. 22.
- Ong, A. D. (2008). *Positive emotions and the resilience cascade*. GSA, Washington DC: Nov. 20.
- Ong, A. D. (2008). *The Notre Dame study of health and well-being*. Discussant. GSA: Nov. 20.
- Ong, A. D. (2008). *The complexity of emotions in later life*. GSA, Washington DC: Nov. 21.
- Ong, A. D. (2008). *Positive emotions as a basic building block of resilience in later adulthood*. GSA, Washington DC: Nov. 22.
- Ong, A. D., Fuller-Rowell, T., & Phinney, J. S. (2008). *Latent growth modeling of ethnic identity exploration and commitment in Latino college students*. SRA Meeting, Chicago: March 7.
- Ong, A. D., Bergeman, C. S., & Bisconti, T. L. (2006). *When losses lead to gains: Positive emotions and the recovery of resilience in later adulthood*. GSA, Dallas: Nov. 20.
- Ong, A. D., Chow, S., & Bergeman, C. S. (2006). *The dynamics of emotional complexity in later life*. GSA, Dallas: Nov. 21.
- Ong, A. D., & Chow, S. M., Fujita, F., & Bergeman, C. S. (2005). *Examining the dynamic linkages between positive and negative affect using a coupled oscillators model*. APS, LA: May 28.

Public lectures / Discussions

- Ong, A. D. (2022). *How to be deliriously miserable. Lessons from the science of well-being*. College of Human Ecology Alumni. Cornell University, April 8.
- Ong, A. D. (2021). *What good are positive emotions? Investigating the seeds of human flourishing and resilience*. Cornell Prison Education Program, April 7.
- Ong, A. D. (2020). *Social isolation, loneliness, and health in the time of COVID*. Cornell Institute for Health Futures, October 23.
- Ong, A. D. (2019). *Living a fulfilled life*. Cornell Bethe House, April 10.
- Ong, A. D. (2018). *Four puzzles of happiness*. Auburn Correctional Facility, February 13.
- Ong, A. D. (2015). *Things that make us deliriously happy*. Cornell Minds Matter, March 18.

Invited Colloquia

Harvard University, Department of Social and Behavioral Sciences, 2025
Syracuse University, Department of Human Development and Family Science, 2025
Center for Lifespan Developmental Science. Friedrich-Schiller University, Jena, 2023
Sabanci University, Turkey. Department of Psychology, 2022
University of British Columbia, Department of Psychology, 2021
Northwestern University, Department of Medical Social Sciences, 2021
University of California, San Francisco, Aging Metabolism Emotions Center, 2021

Harvard University, Harvard T.H. Chan School of Public Health, 2020
University of California, Los Angeles, Department of Psychology, 2020
Northwestern University, Department of Human Development and Social Policy, 2019
University of Notre Dame, Department of Psychology, 2019
Bilkent University, Ankara, Turkey, Department of Psychology, 2018
Northwestern University, Department of Medical Social Sciences, 2018
Claremont McKenna College, Department of Psychology, 2018
Arizona State University, Department of Psychology, 2016
University of California, Irvine, Department of Psychology and Social Behavior, 2015
Penn State University, Department of Human Development and Family Studies, 2011
University of North Carolina, Chapel Hill, Department of Psychology, 2011
Weill Cornell Medical College, Division of Geriatric Psychiatry, 2009
RAND/Hartford Geriatric Interdisciplinary Research Center, 2008
State University of New York, Buffalo, Department of Counseling Psychology, 2008
North Dakota State University, Department of Psychology, 2006
University of Minnesota, Institute of Child Development, 2005
Purdue University, Department of Human Development and Family Studies, 2003
University of Kansas, Department of Psychology, 2002
University of Georgia, Department of Child and Family Development, 2002
North Carolina State University, Department of Psychology, 2002
Max Planck Institute for Human Development, 2002
University of Southern California, Department of Psychology, 2001

PROFESSIONAL ORGANIZATIONS

American Psychological Association (2007 -)
Association of Psychological Science (2009 -)
Society for Research on Adolescence (2010 -)
Gerontological Society of America (2006 -)

EDITORIAL SERVICE

Associate Editor, *Applied Psychology: Health and Well-being* (2008 - 2014)
Consulting Editor, *Health Psychology* (2023 -)
Consulting Editor, *Affective Science* (2021 -)
Consulting Editor, *Cultural Diversity and Ethnic Minority Psychology* (2015 - 2020)
Consulting Editor, *Asian American Journal of Psychology* (2015 -)
Consulting Editor, *Journal of Positive Psychology* (2007 -)
Guest Editor, *Journal of Adolescence* (2006 - 2007)
Guest Editor, *Emotion* (2016 - 2017)
Guest Editor, *Developmental Review* (2020 - 2021)

FEDERAL ADVISORY COMMITTEES & AD HOC GRANT REVIEWING

Member, Our Epidemic of Loneliness and Social Isolation: The U.S. Surgeon General's Advisory on the Healing Effects of Social Connection and Community, Scientific Advisory Board, 2023
Member, Advancing Psychological & Biobehavioral Approaches to Improve Emotional Well-Being, Scientific Advisory Board, NIH, 2021
Member, Resiliency Strengthening Interventions for Vulnerable Populations, Technical Expert Panel, U.S. Department of Health and Human Services, 2020

Ad Hoc Grant Reviewer, Risk, Prevention and Health Behavior Integrative Review Group, NIH, 2021
Ad Hoc Grant Reviewer, Risk, Prevention and Health Behavior Integrative Review Group, NIH, 2020
Ad Hoc Grant Reviewer, Risk Prevention and Social Development, NIH, 2019
Ad Hoc Grant Reviewer, Israel Binational Science Foundation, 2019
Ad hoc Grant Reviewer, Stress and Resilience: Health Disparities, National Institutes on Aging, 2016
Member, Fundamental Mechanisms of Affective and Decisional Processes in Cancer Control, Special Emphasis Panel, National Cancer Institute, 2015
Ad hoc Member, Biobehavioral Mechanisms of Emotion, Stress and Health (MESH) Study Section, National Institutes of Health, 2014
Ad Hoc Grant Reviewer, Israel Science Foundation, 2013
Ad hoc Grant Reviewer, Secondary Data Analyses and Archiving of Social and Behavioral Datasets in Aging, National Institute on Aging, 2012
Ad Hoc Grant Reviewer, Research Council of The Netherlands, 2012

PROFESSIONAL WORKSHOPS

Panelist, *Building Consensus: Advancing Social Connection Measurement Among Older Adults*, NIA
Participant, *Improving Ecological Assessments of Stress*, Stress Measurement Network, NIA
Co-organized, 4th Biennial Urie Bronfenbrenner Conference (Emotions, Aging, & Health), Cornell
Participant, *Stress Measurement Network Meeting*, NIA
Participant, *Emotion and Stress Workshop*, NCI
Participant, *Translational Research Institute on Pain in Later Life*, Weill Cornell Medical College
Participant, *IPSR-NIA Workshop on Aging*, University of California, Berkeley
Participant, *Summer Biomarker Institute*, Northwestern University
Participant, *Summer Institute on Advanced Longitudinal Data Analysis*, Oregon State University
Participant, *Social Structures, Aging, and Self-Regulation in the Elderly*, Penn State University
Participant, *Summer Research on Aging*, National Institute on Aging
Participant, *Dynamic Systems Workshop, Notre Dame Series on Quantitative Methodology*
Participant, *Longitudinal Data Analysis Workshop*, UCLA Advanced Methods Institute

DEPARTMENT SERVICE

Co-Chair, External Chair Search Committee, Department of Psychology (2024)
Director, Alumni Engagement, Psychology (2022- 2025)
Chair, Faculty Search Committee, Human Development (2017-2018) (2018-2019) (2020-2021)
Open Faculty Search Committee, Human Development (2007 - 2008), (2010 - 2011)
Graduate Admissions Committee, Human Development (2007 - 2008), (2009 - 2012), (2016 - 2019)
Graduate Review Committee, Human Development (2009 - 2011), (2012 - 2014), (2016 - 2019)
Executive Committee, Human Development (2011 - 2014), (2016 - 2019)
Director of Undergraduate Honors Program, Human Development (2013 - 2016)
Director of Graduate Studies, Human Development (2016 - 2019)

COLLEGE & UNIVERSITY SERVICE

Bronfenbrenner Life Course Center Steering Committee (2007 - 2009)
Cornell Institute for Translational Research on Aging Colloquium Committee (2007 - 2009)
Department Faculty Representative, Human Ecology Dean Search (2008 - 2009)
Faculty Representative, Advisory Council to the Dean, College of Human Ecology (2011-2014)
Interim Director, Cornell Human Ecology Gerontology Minor Program (2015)
Committee on Academic Status, College of Human Ecology (2013 - 2016)

Academic Integrity Hearing Board, College of Human Ecology (2013 -)
 Member, Cornell Endorsement Committee for Rhodes, Marshall, & Keasbey Scholarship (2015 -)
 Member, Cornell Roybal Center Advisory Board (2015 -)
 Member, Advisory Board, Cornell Community-Engaged Learning (2020 -)
 Member, Faculty Grievance Committee (2022 -)
 Cornell Faculty Fellow, Bethe House (2006 - 2007)
 Cornell Faculty Fellow, Gothics House (2007 - 2009)
 Cornell Faculty Fellow, Donlon House (2010 - 2013)

TEACHING

Positive Psychology: Inside (Prison) and Out (undergraduate level)
 Science of Well-Being (undergraduate level)
 Midlife Development (upper-level undergraduate)
 Stress, Emotions, & Health (advanced undergraduate)
 Senior Honor Thesis (senior-year undergraduate seminar)
 Psychology of Emotion (graduate and undergraduate levels)
 Foundations in Developmental Science (advanced graduate level)
 Hierarchical Linear Modeling (advanced graduate level)

MENTORING

(†) *signifies supervised*, (*) *signifies co-supervised*

Postdoctoral Associates Supervised	Degree	Date Received
†Rohit Batra	Ph.D.	2025
†Sijing Shao	Ph.D.	2024
*Karina Van Bogart	Ph.D.	2024
†Kenneth Wilcox	Ph.D.	2022
†Dakota Cintron	Ph.D.	2020

Current Graduate Students Supervised	Degree	Date Expected
†Yichen Wang	Ph.D.	2029
†Tianfang Shao	M.A.	2027

Graduate Students Supervised / Current Position	Degree	Date Received
†Selin Goktas	Ph.D.	2024
†Xi Cheng	M.A.	2024
†Betul Urganci Assistant Professor, Koç University	Ph.D.	2022
†Thomas Fuller-Rowell, Ph.D. Associate Professor, Auburn University	Ph.D.	2009
*Sarah Hertzog, Ph.D. Research Associate, John Templeton Foundation	Ph.D.	2010

*Emre Selçuk, Ph.D. Associate Professor, Middle East Technical University	Ph.D.	2012
*Zhana Vrangalova, Ph.D. Adjunct Professor, New York University	Ph.D.	2013
*Deinera Exner-Cortens, Ph.D. Postdoctoral fellow, Centre for Prevention Science in London	Ph.D.	2013
*Catherine Riffin, Ph.D. Postdoctoral fellow, Yale University	Ph.D.	2015
*Joshua Rutt, Ph.D. Postdoctoral fellow, University of Zürich	Ph.D.	2015

Undergraduate & Masters Current Position	Degree	Date Received
Wendy Viola Doctoral student, Portland State University	B.A.	2009
Christian Cerrada Doctoral student, University of Southern California	B.A.	2010
Erica Schonman National Human Genome Research Institute	B.A.	2010
Rebecca Lee U.S. Department of Health & Human Services	B.A.	2010
Kate Bubrick Doctoral student, Brown University	B.A.	2010
Liza Rubenstein Doctoral student, Temple University	B.A.	2010
Jessica Bemis Research Associate, National Institute of Mental Health	B.A.	2010
Jeremy Rothstein Doctoral student, Yale University	B.A.	2010
Kristen Sellers University of North Carolina School of Medicine	B.A.	2011
Lauren Cecilio U.S. Census Bureau	B.A.	2011
Eugeni Lehenbre-Shia Columbia Medical School	B.A.	2012
Emily Bastarache Doctoral student, Northwestern University	B.A.	2014

Sara Kim Doctoral student, University of Notre Dame	B.A.	2016
Saarang Deshpande Case Western Reserve University School of Medicine	B.A.	2017
Taylor Standiford University of Michigan, Ann Arbor School of Medicine	B.A.	2017
Samuel Gardner Doctoral student, Syracuse University	M.A.	2018
Emily Miller Doctoral student, University of Wisconsin-Madison	M.A.	2019

Undergraduate Students Supervised with Honors	Degree	Date Received
Charlotte Aronin <i>HD Outstanding Senior</i>	B.A.	2009
Emily Bastarache <i>CHE Summer Stipend, Urie Bronfenbrenner Award Henry Ricciuti Award</i>	B.A.	2014
Rachel Bloom <i>HD Outstanding Senior</i>	B.A.	2009
Jessica Bemis <i>HD Outstanding Senior</i>	B.A.	2009
Lindsey Fox <i>HD Outstanding Senior</i>	B.A.	2008
Lindsay McAleer <i>SUNY Chancellor Award</i>	B.A.	2008
Anna Ng <i>HD Outstanding Senior</i>	B.A.	2008
Jeremy Rothstein <i>HD Outstanding Senior</i>	B.A.	2010
Margarita Rozenshteyn <i>Urie Bronfenbrenner Award</i>	B.A.	2012
Liza Rubenstein <i>HD Outstanding Senior</i>	B.A.	2011
Taylor Standiford <i>CHE Summer Stipend Henry Ricciuti Award HE College Valedictorian</i>	B.A.	2016

Anne Whitehouse <i>Merrill Presidential Scholar</i> <i>HE College Valedictorian</i>	B.A.	2009
Angie Yucht <i>HD Outstanding Senior</i>	B.A.	2011
Cory Shaffer <i>HD Outstanding Senior</i>	B.A.	2010

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