Recommended Parenting Books

*Preschool - Elementary school aged children:*

- **The Incredible Years**: Carolyn Webster-Stratton; Umbrella Press, 2006
- **Parenting the Strong-Willed Child**: Rex Forehand and Nicholas Long; Contemporary Books, 2010
- **Defiant Children**: Russell A. Barkley; The Guilford Press, 2013
- **The Kazdin Method for Parenting the Defiant Child**: Alan E. Kazdin; Houghton Mifflin Co., 2009
- **The Explosive Child**: Ross W. Greene; Quill, Harper Collins, 2014

*Teenagers*

- **Your Defiant Teen**: Russell A. Barkley and Arthur L. Robin; The Guilford Press, 2014
- **Brainstorm: The Power and Purpose of the Teenage Brain**: Daniel J. Siegel; Penguin Books, 2013

*All Ages*

- **Pride & Joy**: Kenneth Barish; Oxford University Press, 2012
- **Freeing Your Child from Negative Thinking**: Tamar Chansky; Da Capo Life Long, Perseus Books Group, 2008